FAQs

# Laser for Varicose Veins

1. **What is Laser Vein Removal?**

A medical procedure that removes small varicose veins using long pulsed lasers or other forms of focused light.

1. **How does laser vein removal work?**

Laser energy heat and seal unwanted veins. Lasers are very direct and don’t affect surrounding areas. Once heated and sealed, the body will begin to absorb the vein and allow blood flow to continue through healthy remaining veins.

1. **Is the treatment painful? Is it safe? How long will the treatment take?**

Asharp pinprick sensation may be felt but Discomfort is mild with no anesthesia needed. Treatment is very safe are usually done for increments of 30 minutes.

1. **How many treatments I need before I see results and how long will it stay?**

Generally, significant results are visible in as early as the 1st or 2nd treatment. Sometimes spider veins reappear which then necessitates another treatment. Treatments may be scheduled at 8-week intervals.

1. **What to do before/after?**

**Pre-Instructions:**

* Avoid tanning the areas with either direct sun exposure or artificial tanning products for at least 3 weeks before and after your laser treatment.
* Shave or wax the area if needed at least 24 hours prior to your leg vein laser treatment.
* Do not apply lotion or creams to the area prior to having your laser treatment.

**Post-Instructions:**

* The areas that were treated with laser may appear as if they were scratched. There may be multiple ‘scratch’ like marks all over the area. This is a very normal side-effect of the laser and usually subsides within 72 hours after laser treatment.
* Please avoid exercise, hot tubs, saunas, jacuzzi, hot baths and wine – for at least 48 hours after your laser treatment.
* Most patients require between 2-3 treatment sessions to clear the vessels on the area. The laser will only treat smaller veins and capillaries and cannot be used on larger varicose veins.
* Please do not shave, loofah or scrub the area for 48 hours after your laser treatment. It is fine to use lotions / creams on the area after laser treatment.
* Bring comfortable shoes/ of loose fitting clothes to go home in after your laser treatment.
* It can take up for 8 weeks for the vessels that were treated to fade or disappear. Please be patient with this process and schedule your follow up treatment for 8 weeks from your vein treatment.